



# Parkinson's WinterWonder Walk, Canterbury

Route map and directions

**Saturday 11th December 2021**

A 10k sponsored walk in the beautiful, historic city of Canterbury, to raise money for the world's first Parkinson's Centre for Integrated Therapy.



University of  
**Kent**

[www.parkinsonscare.org.uk/winterwonderwalk](http://www.parkinsonscare.org.uk/winterwonderwalk)

A charity registered in England and Wales (1179246) and in Scotland (SC048881)



## Parkinson's Winter WonderWalk, Canterbury Walk Directions

**From the starting line follow the footpath past the School of English/Rutherford Extension towards Darwin College.**

At the end of the footpath turn left onto Darwin Road.

At the end of the road turn left onto Giles Lane.

Cross the road at the traffic lights and turn left, continuing along Giles Lane.

At the roundabout turn right onto Park Wood Road, cross the road and walk past the Ingram Building on your left.

Follow the footpath past the new Kent Business School construction site.

At the large blue Park Wood sign turn left following signs to Bishopden Court, Clowes Court and Farthings Court.

At the sign which says Farthings Court 16-26 turn left and follow the footpath through the woodland.

Bear left at the fork in the path and continue past the Sports Centre.

Follow the path to the right and cross the zebra crossing.

Walk under the Stacey Building bridge and continue along the footpath.

At the end of the path, cross the road at the traffic lights and follow the footpath towards Eliot College.

At the end of the footpath (with Eliot College in front of you) turn right and walk past Blackwells and Essentials.

Walk past The Venue and turn left onto University Road.

At the end of University Road turn left onto St Thomas Hill. Keep going straight down the road until you reach the St Dunstan's roundabout (where Whitstable Road, London Road and St Dunstan's Street meet).

Cross the road at the zebra crossing just after the roundabout and continue down St Dunstan's Street.

At Westgate Towers turn right into Westgate Gardens and follow the riverside walk.

Cross over the second footbridge and turn left. Walk under the bridge and follow the footpath alongside Toddlers' Cove playground.

Cross wooden footbridge on your left, follow the footpath and walk past the beacon which was recently lit to celebrate the Queen's 90th Birthday.

Bear right at the fork in the footpath and walk under the underpass.

Turn right onto the footbridge and follow the footpath along the main road (Rheims Way).

At the Wincheap/Aldi roundabout turn left onto Castle Street and cross the road. Walk down the footpath/alleyway adjacent to the Castle Street Car Park.

Cross the road at Castle Row and walk up onto the city walls.

Follow the city walls around Dane John Gardens and bus station.

At the end of the city walls, cross at the zebra crossing (opposite Fenwick) and cross St George's Street so that Wilko is in front of you. Walk down Burgate Lane (to the right of Wilko).

At the end of Burgate Lane turn left onto Burgate and walk straight on towards the Cathedral.

At the Buttermarket continue onto Sun Street (turn right at Strada).

At the end of Sun Street cross the road onto Orange Street (between the Chocolate Cafe and Siesta).

At the Marlowe Theatre turn right onto the riverside walk.

Turn right into Solly's Orchard (through the metal gates) and follow the footpath. Cross the two footbridges and come out onto Mill Lane (opposite the Millers Arms).

Cross over St Radigund's Street and follow the riverside walk until you reach a black footbridge on your left.

**CONTINUED OVERLEAF**

## Parkinson's Winter WonderWalk, Canterbury

### Directions (Continued)

Cross the bridge and follow the footpath, bearing left when the path forks and continue along the path behind Kingsmead Leisure Centre.

At the end of the footpath turn left onto St Stephen's Road.

Cross the road at the traffic lights and continue on towards the Causeway Roundabout.

Turn right onto Station Road West.

At the end of the road turn right onto The Spires and then left onto the foot/cycle path towards Beverley Meadow (following the signs to the University).

At Beverley Meadow turn left and follow the cycle path towards the University. When the path forks, bear right.

At the end of the path join Beaconsfield Road, cross the zebra crossing and then turn left.

Turn right into St Michael's Road and follow the path to the top. When you reach Lyndhurst Close turn right and then left onto Eliot Footpath following the signs to the University and Crab and Winkle Link.

Walk up the hill and continue past Becket Court and The Mandela Building on your left and then turn right at The School of Arts/Jarman Building.

Walk past Essentials, Blackwells and the Kent Law School.

The finish line and the new Kent law building should be in sight.

You have completed the 2021 Canterbury Legal Walk, congratulations!

Have a well-deserved rest and join us for a celebratory BBQ by the finish line.

# Places of Interest

## 1 St Dunstan's Church

The church was founded by Archbishop Lanfranc at the end of the 11th century and was the first in England to be dedicated to St Dunstan (Archbishop of Canterbury 960-988). In 1174 King Henry II stopped here on the way to do penance for the murder of Thomas Becket.

## 2 Westgate Towers and Gardens

Westgate Gardens, with their stunning riverside walk, are one of the city's showpiece gardens. They are situated alongside the Westgate Towers, the largest surviving medieval city gate in England.

## 3 Canterbury Norman Castle

The ruined castle is amongst the most ancient in Britain, begun by William the Conqueror around 1070.

## 4 Dane John Gardens and Mound

The historic gardens, located within the city walls of Canterbury, date back to 1551. The gardens contain a mound believed to date from the first century AD.

## 5 The Old Buttermarket

The Old Buttermarket was known up until the mid-17th century as the Bull Stake, as bulls were tied overnight against a stake to be 'baited' by dogs, with the expectation that this would produce more tender meat. The slaughter area of the city, known as the shambles, was nearby in Butchery Lane.

## 6 Abbot's Mill St Radigund's Street and Mill Lane

For nearly 150 years the second largest Canterbury building was the Abbot's Mill, standing where St Radigund's Street bridge now crosses a branch of the Great Stour. It burnt to the ground in a spectacular fire in 1933 however you can still see the remaining metal work from the 1792 mill.



Church  
Wood  
**University of  
Kent**

### 1 The University of Kent



The University of Kent has exceptional campuses in the UK and centres in two of the most exciting and historic cities in Europe.

Known as the UK's European university, Kent is a leading academic institution: 97% of their research was judged to be of international quality in the Research Excellence Framework.

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### 6 Canterbury Cathedral



In 597 St Augustine arrived in Kent and soon established the first cathedral. Between 1070 and 1077 the cathedral was rebuilt as a Norman church by Archbishop Lanfranc. Augustine's original building lies beneath the floor of the nave.

### 7 The Old Buttermarket

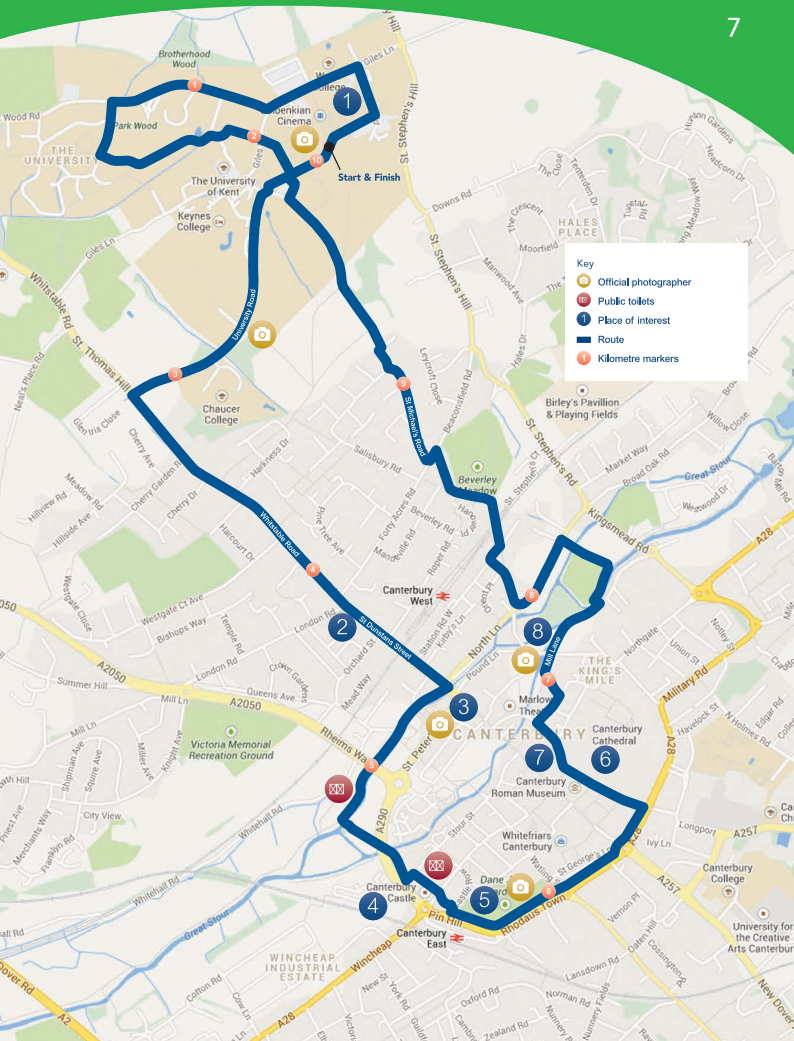


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# Contact Us

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