



# EAST KENT FIRST 5 GPs

## CALLING ALL FIRST 5 GPs

Are you ever worried about working in isolation, CPD, or the appraisal/revalidation process? Want to know more about the world of work once qualified? Then this may be the answer: East Kent Community Education Provider Network together with the East Kent CCGs are fully funding and supporting a Programme of 6 sessions to help GPs in their early careers (first 5 years post CCT)

## AIMS

- To provide peer support for early career GPs
- To support appraisal and revalidation
- To provide continuing professional development

## WHY

The landscape of the NHS is changing, and many newly qualified GPs are working as sessional doctors, which can be extremely flexible and rewarding. However, it can lead to isolation and more difficulties around preparing for appraisal. Ever wish you could be paid to attend a VTS training session again? Transitioning from training to independent practice can be challenging as well as exciting.

Participants would benefit from a series of 6 fully funded educational sessions aiming to bridge the gap between competency for certificate of completion of training and being confident and fit for purpose in the real-world environment of modern Primary care.

## WHAT

The content of the course will be led by the needs of the group but will look to develop skills in negotiation, managing change, clinical supervision, mentoring and much more. It aims to provide a safe space to bring concerns and questions and to provide a peer support network.

## SESSIONS

Our hope is that participants will attend all sessions and to aid this there will be financial support for attending. Sessions will be held at Kent and Canterbury Post graduate centre from 9:30 – 13:00

## DATES

**Wednesday 14th November**

**Wednesday 12th December**

**Wednesday 23rd January**

(likely to be an all-day session at Hall Place, Canterbury)

**Wednesday 13th March**

**Wednesday 22nd May**

**Wednesday 10th July**

## TO REGISTER FOR THE COURSE

or if you have any queries  
contact:

[ek.cepn@nhs.net](mailto:ek.cepn@nhs.net)