

# Best Practice Forum (supported by E.K CEPN)

**Theme: Multi Professional Case Based Discussions and Inter Professional Support**

**Date and Time:** 7th Nov 2018 Wednesday 6.30-7.00 Refreshments 7.00-8.45 pm Main Session

**Venue:** Lecture Room, QEQM Hospital Post Graduate Centre, Margate

**Target Audience:** All Professionals involved in patient care.

**Background:** Health and Social Care pose us many challenges in our daily professional activities regardless of our roles or settings. Increasingly complex patients with multi-morbidity with multi-specialty involvement with potential fragmentation in care often results in patient care being sub-optimal and the professionals exhausted and stressed. Sharing a safe clinically led forum to discuss the issues and share sensitive inter-professional support has been shown to improve patient care outcomes and reduce stress, burnout and improve professional well-being.

**Aim:** To share a regular forum for clinically led agenda generated by the multi-professionals for optimising patient care outcomes, collaborative working, inter-professional support and well-being.

## Issues:

*How can we communicate better with patients and between ourselves?*

*Investigations such as blood tests and others in daily practice and what do they mean?*

*Good Medical Records are central to optimal patient care, how are we doing?*

*Medical Needs in winter increase pressures for us all, so how can we manage better together?*

*Safety Netting is very important but what does this mean and what if it fails?*

*Medical Errors and resultant complaints are inevitable in our careers, how do we face these?*

*How are we learning from near misses and celebrating when we have done really well?*

*And what else is on your mind that we can share to help each other and our patients?*

## Outcomes:

**Better understanding of investigations**

**Improved communication, shared records and collaborative working**

**Improved safety netting to reduce medical errors**

**Case discussions with shared action learning**

**A problems shared is a problem halved!**

This is a unique opportunity for us to share a regular forum for shared learning and inter professional support. We learnt from our recent PLT themed **Medically Unexplained Symptoms**, how such supportive forums reduce stress, burnout and improve well-being.

**So please join us and be there! Please share this with any other colleagues in your team.**

Please email William Bacon [William.Bacon@nhs.net](mailto:William.Bacon@nhs.net) to reserve your place by 6<sup>th</sup> Nov 2018 for refreshment purposes.