



SHORT COURSES/ 2017

Tonbridge

Extended range of courses for
spring and summer 2017

- Postgraduate-level courses
- Self-development courses

SHORT COURSE APPLICATIONS

How to apply:

- 1 **ONLINE BOOKING** at www.kent.ac.uk/tonbridge
- 2 **BY POST**, please complete this form and return to:
**University of Kent, University Centre Tonbridge,
Avebury Avenue, Tonbridge, Kent TN9 1TG.**

I wish to apply for:

Course Code _____

Course Code _____

Course Code _____

Dr/Mr/Mrs/Miss/Ms Name _____

Surname _____

Address _____

_____ **Postcode** _____

Telephone – daytime _____

Email _____

Payment by credit or debit card

Please debit my account for the fee of £ _____

Card number _____

Expiry date _____

Name and initials (as they appear on the card) _____

Signature of cardholder _____

Sorry, we can no longer accept cheques or cash

Further information about our courses, location, parking, and terms and conditions are available on our Short Courses' webpage (follow the link from www.kent.ac.uk/tonbridge). Alternatively please contact us by email to tonbridgeadmin@kent.ac.uk or call 01732 352316 to request a paper version.

Your application affirms acceptance of our terms and conditions.





Our expanding programme of Short Courses at the University Centre Tonbridge allows you to spend time exploring a subject purely for interest, among like-minded people, without formal assessment.

The University's Tonbridge Centre is a small and friendly centre dedicated to part-time study, located just five minutes' walk from Tonbridge railway station.

Full course information is available on our website www.kent.ac.uk/tonbridge or by calling us on 01732 352316.

These courses are usually very popular and you are advised to apply as soon as possible. Places cannot be held without payment of the course fee.

Our extended range of courses includes:

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Art History

More Art in context

Katia Mai PhD

8 weeks: 24, 31 January; 7, 21, 28 February; 7, 14, 21 March

Tuesdays

10.30-12.30

Course code: 16TON258

Course fee: £109

In order to understand and appreciate art, we have to know something about how, why, when and where the artwork was produced. This course is for everyone who is interested in art, and will help you to gain valuable knowledge to make your next museum visits more enjoyable.

This follows on from the autumn 2016 course: it contains new material so it is not necessary to have attended the previous course to benefit from it.

Pre-exhibition guidance: 'The Radical Eye: Modernist Photography'

Katia Mai PhD

3 seminars: 21, 28 February; 21 March

Tuesdays

13.15-15.15

Course code: 16TON260

Course fee: £44*

*course fee excludes travel and museum entry

The course will prepare students for visiting London's Tate Modern exhibition 'The Radical Eye: Modernist Photography' from the Sir Elton John Collection (10 November 2016 – 7 May 2017). During the course we will examine some of the exhibited art works with regard to composition, style, technique and subject matter and investigate their art historical references and connection to the wider art world.

Two weeks are allocated for students to independently visit the exhibition after the first two seminars. The final seminar is intended for discussion about the exhibition.

Artists and their studios

Jill Denman BA (Hons) PGDip

Study Day: Monday 27 March

10.00-16.00

Course code: 16TON262

Course fee: £37

We will explore a wide variety of works by artists including Picasso, Matisse, Courbet and Freud. In each, the artist's studio plays a central role, from being a private sanctuary in which to create often psychologically and emotionally charged work to a showplace for self-promotion.

Venus – images of a goddess

Katia Mai PhD

3 weeks: 9, 16, 23 May

Tuesdays

10.30-12.30

Course code: 16TON259

Course fee: £44

Over the centuries the iconic motif of the goddess of Venus/Aphrodite became a popular subject matter for many painters, draughtsman and sculptors. The seminar will investigate how and why 'Venus' has been used by different artists over time and how this has affected the appearance of the goddess.

The Art of Friendship: Ravilious and his Circle

Jill Denman BA (Hons) PGDip

4 weeks: 5, 12, 19, 26 June

Mondays

10.30-12.30

Course code: 16TON261

Course fee: £55

Explore the work of Eric Ravilious, Edward Bawden, Peggy Angus, Enid Marx and others in this circle of friends who inspired and influenced each other in the first half of the twentieth-century. The course coincides with the exhibition, 'Ravilious and Co: The Pattern of Friendship' at the Towner Gallery, Eastbourne.

Classics

The Quest

Chris Spillane PhD

4 weeks: 7, 14, 21, 28 March

Tuesdays

10.30am-12.30

Course code: 16TON265

Course fee: £55

Many of the gods and heroes of Greece and Rome spend many hours on a quest: for glory, for immortality, for a home. This course provides an opportunity to share in the journeys and quests of Gilgamesh, of the heroes of Homer's epics, of Jason and Aeneas, but also of Dionysos, Demeter and Herakles.

Getting to know the ancient Romans

Chris Spillane PhD

Study day: Saturday 6 May

10.00-16.00

Course code: 16TON263

Course fee: £37

Gladiators, slavery, grand buildings, a large empire: the ancient Romans are noted for all of these. During this course, you will have the opportunity to get to know something of ancient Roman civilisation through literature (in translation!) and images.

A stroll through the Underworld

Chris Spillane PhD

Study day: Saturday 24 June

10.00-16.00

Course code: 16TON264

Course fee: £37

Elysium and Tartarus, Styx and Phlegethon; what did the ancients think the afterlife was like? Spend a day descending to and journeying through – on a return ticket – the depths of the Underworld with the Greeks and the Romans.

TO BOOK YOUR PLACE...

Visit our website or complete the application form in this booklet.

www.kent.ac.uk/tonbridge

Creative Writing

Our Creative Writing courses are in smaller class sizes to allow for some individual attention

A Myth in a Day – develop a new world for your poetry, fiction, drama, or art

Charlie Bell MA

Study day: Saturday 11 February 10.00-16.00
Course code: 16TON266 Course fee: £42

Whether writing poetry, prose or drama, or developing artistic ideas, it can help to develop a mythical framework to hold and nurture your ideas. This workshop is designed to help you to envisage and create a world in which your creativity can grow.

Creative Writing – Breaking the Rules

Charlie Bell MA

4 weeks: 23 February; 2, 9, 16 March

Thursdays 10.00-12.00
Course code: 16TON267 Course fee: £65

Much new writing stems from people breaking perceived rules – the mainspring of artistic experimentation. We will examine such rules as 'Write what the market wants', 'Make your main character likeable' and 'Never argue with feedback' to see if they can be supported. We will also look at examples of writing which patently breaks the 'rules'.

Reading and writing theatre/performance reviews

Kasia Senyszyn MA

Study day: Saturday 6 May 10.00-16.00
Course code: 16TON289 Course fee: £42

This course will enable participants to deconstruct and interpret performance-based reviews, and use the knowledge gained to write critical pieces themselves. This course would suit those wanting to stretch their creative writing muscles as well as the avid theatre/performance fan.

A similar course in the context of film reviews is offered on Friday 31 March (page 5).

Walking and writing in Tonbridge

Charlie Bell MA

3 alternate weeks: 6, 20 June; 4 July

Tuesdays 13.00-16.00
Course code: 16TON287 Course fee: £75

If you thought Tonbridge was boring, think again. It is a vibrant town and its history, architecture and people make excellent subjects for creative writers seeking inspiration. While on the course we will remind ourselves that walking can be a mindful experience, providing a different way of gathering ideas.

This course is undertaken at students' own risk with due care and attention expected. The course will take place in all weathers, so students will need to bring appropriate clothing, footwear, sunscreen and drinks etc.

Get published!**Sarah Salway MA****Study day:** Saturday 24 June

10.00-16.00

Course code: 16TON268

Course fee: £42

Get your poems and short stories ready for publication, explore current opportunities in magazines, competitions and online, and find out what editors are looking for. This course designed for those who are writing for publication.

This course is repeated from 2015.

Film Studies**Reading and writing film reviews****Kasia Senyszyn MA****Study day:** Friday 31 March

10.00-16.00

Course code: 16TON288

Course fee: £42

This course will examine film reviews to determine how critics analyse and write about film. We will watch a screening, then write and critique our own reviews, individually and as a group. This study day will suit casual or avid film fans as well as those wishing to develop analytical or creative writing skills.

A similar course in the context of theatre/performance is offered on Saturday 6 May (page 4).

History**Medieval Life viewed through the 21st Century Lens****Julia Cruse PhD****6 weeks: 23 February; 2, 9, 16, 23, 30 March**

Thursdays

10.30-12.30

Course code: 16TON270

Course fee: £82

Ever wondered about the day-to-day existence of the builders of medieval houses, castles, or churches? Or considered what they ate? Or wore? What inspired them? Was life, even then, 'nasty, brutish and short'? Explore our medieval predecessors' lives through a variety of sources which reveal their lifestyles and culture.

The Wars of the Roses: England's Bloodiest Battles**Julia Cruse PhD****Study day:** Saturday 25 March

10.00-16.00

Course code: 16TON269

Course fee: £37

The years from 1455 until 1485 saw some of the bitterest battles ever to have occurred on English soil when the Lancastrian and Yorkist royalist factions fought for supremacy in a dynastic war. Explore the historical evidence behind this turbulent period using contemporary sources alongside recent research and battle-field archaeology.

Voices from the English Civil War, c1640-1650**Rebecca Warren MA PGCHE****4 weeks: 4, 11, 18, 25 May**

Thursdays

11.00-13.00

Course code: 16TON272

Course fee: £55

This course explores aspects of life during the English Civil War, as expressed by those who lived through it. Using letters, diaries, pamphlets and memoirs, it considers the impact of war on people's personal relationships, political principles, religious beliefs and daily lives, and provides a clear historical context within which to understand them.

Queen Elizabeth I's Men: Patriots or Profiteers?**Julia Cruse PhD****4 weeks: 8, 15, 22, 29 June**

Thursdays

10.30-12.30

Course code: 16TON271

Course fee: £55

The names of Raleigh, Drake and the Earls of Essex and Leicester alongside other favourites who circled around the Virgin Queen reverberate in history. Were they self-sacrificing heroes, altruistic courtiers and pioneers committed to serving their queen or self-seeking adventurers who found her court a profitable place to be?

Literature**Latin American Literature****Sarah Anthony MA****5 alternate weeks: 10, 24 February; 10, 24 March; 7 April**

Fridays

10.30-12.30

Course code: 16TON273

Course fee: £69

For many readers the first exposure to Latin American literature is likely to be the novels of Gabriel García or Isabel Allende. This course looks at five key writers (Borges; Llosa; Márquez; Allende; Esquivel) of the 'boom' and 'post-boom' period considering their contributions to the establishment of a Latin American canon.

Down the rabbit hole**Sarah Anthony MA****Study day: Friday 19 May**

10.30-16.30

Course code: 16TON275

Course fee: £37

This lively, interdisciplinary study day looks at the origins and legacy of Lewis Carroll's enduringly popular 'Alice' books, engaging with subjects as diverse as film, art, philosophy, mathematics, music and modernism, and, of course, Cheshire cats and chess.

Thomas Hardy and the Dorset coast**Geoff Doel PhD****5 weeks: 30 May; 6, 13, 20, 27 June**

Tuesdays

10.30-12.30

Course code: 16TON276

Course fee: £69

The beautiful and historic Dorset coastline has a dramatic history of smuggling, wrecking, press-gangs, threatened Napoleonic invasions and curious customs (particularly on the Isle of Portland), which inspired two complete Hardy novels, several short stories and episodes in other novels.

George Orwell**Sarah Anthony MA****4 weeks: 23, 30 June; 7, 14 July**

Fridays

10.30-12.30

Course code: 16TON274

Course fee: £55

This course looks at four key works by George Orwell along with three of his essays, considering his place in the cultural and political debates of the 1930s and 40s.

Jane Austen's later novels**Geoff Doel PhD****Study day:** Wednesday 5 July

10.30-16.30

Course code: 16TON277

Course fee: £37

On the 200th anniversary of Jane Austen's death it is appropriate to explore her last two composed novels (*Emma* and the elegiac *Persuasion*) and the unusual, unfinished *Sanditon* which promises a new social analysis. The course also considers a comic poem written a few days before her death.

Hard Luck! Literatures of Poverty and Austerity**Jo Collins PhD CELTA****Study day:** Saturday 8 July

10.00-16.00

Course code: 16TON278

Course fee: £37

Can fiction help us to make sense of this age of austerity? This course takes Frank McCourt's 'memoir' of his destitute childhood (*Angela's Ashes*) and Zadie Smith's bleak, stylish novel *NW*, and seeks to investigate what we think about poverty, what we think about representing poverty, and why this matters.

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Music

This series of 'How to listen to...' is specially designed for those new to or wishing to more fully appreciate Classical Music. It is not necessary to have attended the whole series to benefit from each study day.

How to listen to String Quartets

Peter Medhurst GRSM, ARCM

Study day: Saturday 11 February

10.00-16.00

Course code: 16TON281

Course fee: £37

Haydn, Beethoven, Dvořák, Debussy and Ravel were among those who produced some of their finest music for the string quartet. However, to the novice, the string quartet often appears esoteric and unapproachable, so this study day is designed to take a global view of the quartet repertoire by introducing and discussing key works from various eras of the string quartet's development.

How to listen to the music of Mahler

Peter Medhurst GRSM, ARCM

Study day: Saturday 11 March

10.00-16.00

Course code: 16TON282

Course fee: £37

This course examines not only important movements from Mahler's nine symphonies, and moments from the orchestral song cycles, but also looks at the sources of Mahler's inspiration – birdsong, street melodies, cafe tunes, Jewish folk music, biographical circumstances – to define what it is that gives Mahler his unique voice.

How to listen to the music of Wagner

Peter Medhurst GRSM, ARCM

Study day: Saturday 8 July

10.00-16.00

Course code: 16TON282

Course fee: £37

Wagner was arguably the most influential composer of the 19th century: he not only revolutionised the world of opera, but he brought an entirely new musical aesthetic to the world of orchestral music. This course takes a chronological survey of Wagner's stage works – which range from *Rienzi* (1840) to *Parsifal* (1882) – and directs the listener to crucial points that need to be understood when appreciating Wagner's music.

Psychology

An introduction to the brain and brain injury

Joseph Brooks PhD

Study day: Saturday 18 March

10.00-16.00

Course code: 16TON279

Course fee: £40

This course will introduce the physical and functional organisation of the human brain. You will learn how this delicate organ is involved in feelings, thoughts, and actions. We will also explore how injuries such as stroke occur and why strokes can have such varied effects. Please note that a sheep's brain will be dissected by the tutor during the course.

Self-development

Introduction to Taoist Philosophy

Paul Holden PTLLS CGMA

Workshop: Saturday 11 March

10.00-13.00

Course code: 16TON280

Course fee: £25

An introduction to Taoism from its early roots in Chinese Shamanism through to modern day expression in culture, philosophy, religion, health, martial arts and personal development. The workshop will include practical elements. Limited places are available.

Writing for wellbeing

Sarah Salway MA Certified Instructor for Journal to the Self®

4 weeks: 1, 8, 15, 22 March

Wednesdays

13.00-15.00

Course code: 16TON284

Course fee: £80

Based on the acclaimed Journal to the Self® workshop, created by Kathleen Adams, this course will support personal growth, creativity and life management skills through different journal writing techniques. Previous students have used it for situations as varied as gaining confidence in workplace writing, exploring personal challenges, or reigniting creativity. Limited places are available.

Communicate with confidence

Leanne Davies BA (Hons) PGCE

4 weeks: 7, 14, 21, 28 March

Tuesdays

13.00-15.00

Course code: 16TON285

Course fee: £80

By participating in this interactive course you will learn how to communicate clearly and confidently everyday and when faced with challenging situations. Through group work and self-reflection activities we will cover how your preferred communication style impacts your relationship with others, how to speak so that others listen and how to really listen to others. We will practice various techniques to be able to have constructive conversations with others rather than avoiding them or having a confrontation.

Mindfulness: skills to manage stress and develop resilience

Lorraine Millard AdvDip PGDip

2 linked workshops

Saturday 18 March and Saturday 8 April

10.00-13.00

Course code: 16TON286

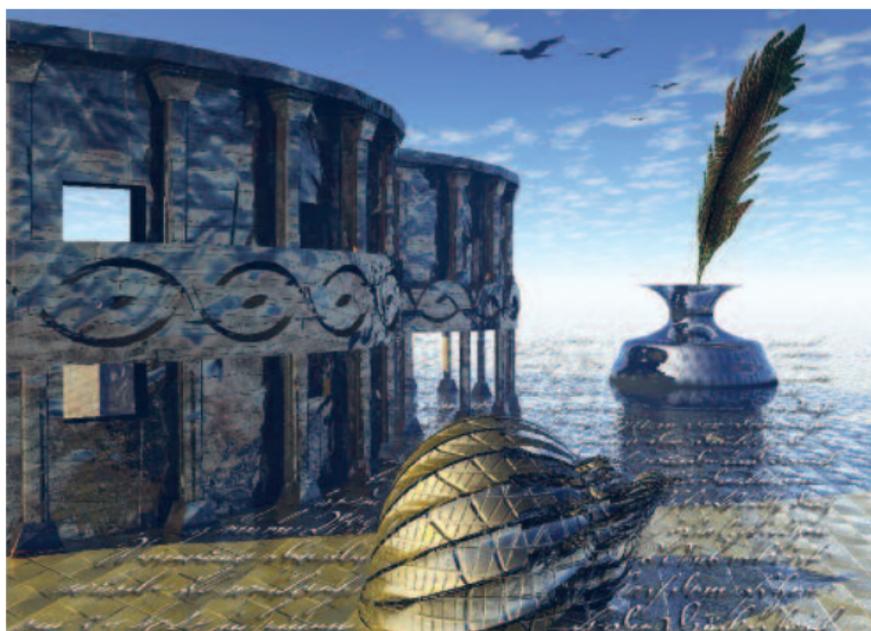
Course fee: £60

We will briefly explore the theory around mindfulness, including history and latest research findings but most of the time will be spent doing practical mindfulness exercises and group activities to help us better understand the themes and concepts. Limited places are available.

POSTGRADUATE LEVEL SHORT COURSES

Kent's new postgraduate-level short courses at its Tonbridge Centre are designed for anyone with the passion and motivation to develop their knowledge at an advanced level. These courses do not award academic credits: they can be studied for pleasure, or as preparation and an indication of your suitability for applying for a full postgraduate qualification programme.

Participation in this course enables students to have a Kent student card with access to student resources and services for the duration of the course. This provides an opportunity for maximum participation in the course and is indicative of what is available if you are considering your suitability to apply for a postgraduate qualification programme.



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Creative Writing

Fiction writing at postgraduate-level: more than one way to tell a story

Vinita Joseph PhD

4 weeks: 13, 27 March; 10, 24 April

Mondays

10.30-13.30

Course code: 16TON290A

Course fee: £185

4 weeks: 15, 29 March; 12, 26 April

Wednesdays

10.30-13.30

Course code: 16TON290B

Course fee: £185

History

History and the influence of ideas: Renaissance to Enlightenment

Elizabeth Edwards PhD

4 weeks: 28 March; 4, 11, 25 April

Tuesdays

10.30-12.30

Course Code: 16TON291

Course fee: £125

Literature

Tall, dark and fictional: Byron and the Brontës

Professor James Soderholm

4 weeks: 1, 8, 15, 22 March

Wednesdays

10.30-12.30

Course Code: 16TON292

Course Fee: £125

Full details about these courses and how to book are available in a separate brochure and by visiting www.kent.ac.uk/tonbridge

Postgraduate information event

University of Kent's Tonbridge Centre

Thursday 4 May, 15.00-19.00

For further information please visit

www.kent.ac.uk/tonbridge

"I was hoping for an educational, stimulating and enjoyable introduction course. It was all those and more."

A student on the spring Introduction to Postgraduate Study English Literature short course

COURSES IN ASSOCIATION WITH OTHERS

NEW! Lectures at Medway in association with Medway U3A

The following courses have already taken place at the Tonbridge Centre and are being repeated at the University of Kent's Medway campus, Chatham Maritime, Kent ME4 4AG

For full details and to book visit www.kent.ac.uk/tonbridge

The Black Death: plague, pestilence and social disorder **Julia Cruse PhD**

Friday 17 March	10.00-13.00
Course code: 16TON293	Course fee: £15

This lecture will look at the contemporary written accounts alongside an archaeological evaluation of recently revealed burial sites. We will learn of this terrifying moment in English history, looking at the spread of the plague, the nature of the disease, from both contemporary accounts and recent scientific enquiry and look at what was the immediate collective impact on an overwhelmed people.

An introduction to Modern Art **Katia Mai PhD**

Saturday 1 April	10.00-13.00
Course code: 16TON294	Course fee: £15

This lecture will provide an art historical introduction to "Modern Art" and therefore familiarize students with important examples of sculpture, photography and painting. The lecture will acquaint students with a selection of major modern artists from Impressionism to Pop Art.

The history of beer in Kent **Jeremy Kimmel BA PGDip**

Saturday 1 April	10.00-13.00
Course code: 16TON295	Course fee: £15

Beer is one of the oldest beverages humans have ever produced, and Kentish Ale is one of only two protected origin beers in the entirety of the UK. With this long history, what makes Kent so special? This course will endeavour to answer this question.

Manipulating monarchs: Tudor and Elizabethan propaganda **Julia Cruse PhD**

Friday 12 May	10.00-13.00
Course code: 16TON296	Course fee: £15

We will consider Henry VII's use and adoption of symbolic representations, such as the now renowned Tudor rose, to give credence to his monarchical and political authority and to secure the dynastic Tudor line. We will also evaluate the significance of the iconic and emblematic imagery, found in many paintings, connected with Henry VIII and Elizabeth.

Art in context**Katia Mai PhD**

Saturday 13 May

10.00-13.00

Course code: 16TON297

Course fee: £15

This lecture is for everyone who is interested in art. In order to understand and appreciate art, we have to know something about how, why, when and where the art work was produced. The lecture will help you to gain valuable knowledge to make your next museum visits more enjoyable.

The history of science (up to twentieth century)**Jeremy Kimmel BA PGDip**

Saturday 13 May

10.00-13.00

Course code: 16TON298

Course fee: £15

Discover and explore the creation of the Scientific Method and the development of modern astronomy, physics, biology and computer sciences. This course will specifically consider some of the great minds of human history, including those often forgotten contributions of women and non-Europeans.

NEW! Creative Writing weekend in association with New Writing South (NWS) and the West Kent Writers' Hub (Hub)

Writing for Your Life: *Truth, Lies and Art in Autobiography***Charlie Bell, Helen Stockton, Lynne Rees, Tamar Yoseloff****2 days**

Saturday 25 & Sunday 26 March 2017

10.00-16.30

Primarily for writers, this weekend is an opportunity to consider the form of autobiography and how best to tackle it. There will be discussions and practical activities designed to provoke and inspire.

The event may also suit those with a general interest in autobiography as well as those considering writing in the genre.

From 17.00-18.30 on the Saturday, there will be readings from Tamar Yoseloff and the tutors, as well as students on the course.

Location: the course will be held at the University of Kent's Tonbridge Centre, Avebury Avenue, Tonbridge TN9 1TG

Fee: £150 (£135 for NWS and Hub members)

The fee includes refreshments, lunches and the extended Saturday session of literary readings.

For further information and to book online, please visit www.kent.ac.uk/tonbridge

CONTACT US

Please visit www.kent.ac.uk/tonbridge for the latest information about our courses.

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