

Welcome to the School of Psychology

Prof Tim Hopthrow
Head of School

Stand for ambition.
kent.ac.uk



We are the School of Psychology at Kent. Our mission is to advance and apply the discipline of psychology, through our teaching and research, inspiring and enabling all who study and work here to develop the skills required to ask and answer the most challenging psychological questions about individuals and society.

Our Values

- **Critical and Curious**
- **Nurturing and Inclusive**
- **Inspiring and Enabling**
- **Responsive and Transformative**
- **Relevant and Engaged**

Your Education Team



Dr Emma Alleyne
Director of Education



Dr Katie Goodbun
Director of Studies



Dr David Kelly
Stage 1 & 2 Director



Dr Angela Nyhout
*Student Experience
Lead*

Your Foundation Year Modules

Autumn	Spring	Summer
FOUN3000 Academic Skills Development	FOUN3002 Research Methods for Foundation	MAST3012 Statistics
PSYC3002 The Science of Psychology	PSYC3001 Key Theories and Evidence in Psychology	FOUN3101 Foundation Project: Research and Reflection



Dr Janet Briggs
j.briggs@kent.ac.uk

Your Stage 1 Modules

PSYCHOLOGY

PSYCHOLOGY WITH A FOUNDATION YEAR

PSYCHOLOGY WITH A YEAR ABROAD

PSYCHOLOGY WITH A YEAR IN PROFESSIONAL PRACTICE

Autumn

Spring

Summer

PSYC4000 Succeeding at
University and Beyond

PSYC4002 Research
Methods: Science and
Psychology

PSYC4004 Making Sense
of Psychological Data

PSYC4001 Big Questions
in Psychology

PSYC4003 Biological and
Cognitive Psychology

PSYC4005 Understanding
People and Groups

Your Stage 1 Modules

PSYCHOLOGY WITH BUSINESS PSYCHOLOGY

PSYCHOLOGY WITH BUSINESS PSYCHOLOGY WITH A FOUNDATION YEAR

PSYCHOLOGY WITH BUSINESS PSYCHOLOGY WITH A YEAR ABROAD

PSYCHOLOGY WITH BUSINESS PSYCHOLOGY WITH A YEAR IN PROFESSIONAL PRACTICE

Autumn	Spring	Summer
PSYC4000 Succeeding at University and Beyond	PSYC4002 Research Methods: Science and Psychology	PSYC4004 Making Sense of Psychological Data
PSYC4006 Thinking Like a Business Psychologist	PSYC4003 Biological and Cognitive Psychology	PSYC4005 Understanding People and Groups

Your Stage 1 Modules

PSYCHOLOGY WITH CLINICAL PSYCHOLOGY

PSYCHOLOGY WITH CLINICAL PSYCHOLOGY WITH A FOUNDATION YEAR

PSYCHOLOGY WITH CLINICAL PSYCHOLOGY WITH A YEAR ABROAD

PSYCHOLOGY WITH CLINICAL PSYCHOLOGY WITH A YEAR IN PROFESSIONAL PRACTICE

Autumn	Spring	Summer
PSYC4000 Succeeding at University and Beyond	PSYC4002 Research Methods: Science and Psychology	PSYC4004 Making Sense of Psychological Data
PSYC4008 Thinking Like a Clinical Psychologist	PSYC4003 Biological and Cognitive Psychology	PSYC4005 Understanding People and Groups

Your Stage 1 Modules

PSYCHOLOGY WITH FORENSIC PSYCHOLOGY

Autumn	Spring	Summer
PSYC4000 Succeeding at University and Beyond	PSYC4002 Research Methods: Science and Psychology	PSYC4004 Making Sense of Psychological Data
PSYC4007 Cold Case: Psychology and Crime Investigation	PSYC4003 Biological and Cognitive Psychology	PSYC4005 Understanding People and Groups

Who's Who: Meet your teaching team



Prof. Robbie Sutton

Succeeding at University and Beyond



Dr Lydia Kearney

Big Questions in Psychology



Dr Amir-Homayoun Javadi

Biological and Cognitive Psychology



Dr Christie Marsh

Thinking Like a Business Psychologist



Dr Maria Gallagher

Research Methods: Science and Psychology / Making Sense of Psychological Data



Dr Sarah Kelleher

Cold Case: Psychology and Crime Investigation



Dr Jim Everett

Understanding People and Groups



Dr Claire Russ

Thinking Like a Clinical Psychologist

General Module structure

- Module Convenor
- Module Lecturers
- Seminar/Lab Leaders

Academic Schools 2025-2026 / School of Psychology

Big Questions in Psychology (2025/2026)

Synopsis

Psychology allows us to ask and answer fundamental questions about what it means to be human, and this is why it is one of the most exciting subjects you can study. This module will introduce you to some essential debates in the field of psychology which may include things like, "Why do people commit crime?", "What are the origins of mental health problems?", "Is professional success the result of nature or nurture?". By considering essential research from different areas of psychology, you will develop your ability to use psychological evidence to build a convincing argument, and to see things from different perspectives. These key skills will set you up for success throughout the rest of your degree and beyond.

Teaching Staff

Learning Outcomes

Module Assessment

Employability

PSYC4001 AUT: Big Questions in Psychology (2025/2026)

Announcements

Attendance

Academic Schools 2025-2026 / School of Psychology

Big Questions in Psychology (2025/2026)

Synopsis

Teaching Staff

Learning Outcomes

Module Assessment

Employability

Convenor



Lydia Kearney

Teacher



Lindsey Cameron



Gurprit Lall



Kristof Dhont



Wesley Pyke



Katie Goodbun

Contact hours:
Office Hours:
Monday 11am - 12pm
Thursday 2 - 3pm



Arnaud Wisman

Module Teaching structure

- Delivery of modules via timetabled **lectures, workshops, and seminars**
 - **Live on campus**
 - **Will usually be recorded**
- Relevant reading and resources will be available on Moodle prior to the lecture
 - **Including lecture slides (24 hrs in advance)**
- Module Convenors will present you with the relevant information in introductory lectures next week.

 Assessment & Feedback	 Week 10: Nature and nurture in social anxiety	 Week 11: Baby bonds and the parental blueprint: Does upbringing shape your ...	 Week 12: 'What if play is the most serious thing we do?'	 Week 13: TikTok, toddlers and teenagers. Is technology rewiring the next ...	 Week 14: Study week
 Week 15: What is the self?	 Week 16: Do we have free will?	 Week 17: Why do people commit crime?	 Week 18: How should we treat mental health?	 Week 19: Assessment week	

Module related questions

- Each module has a dedicated Forum on Moodle where you can post your questions
- **Students can benefit greatly by forming online communities (e.g. WhatsApp) to organise study groups. However, you should only rely on official information on Moodle or email.**

PSYC5001 AUT: Developmental Psychology (2025/2026)

 Announcements

 Attendance

 Q & A Forum

Non-Module related questions

- You can email the member of staff directly
- You can find all our email addresses here:
 - [Kent Psychology People Page:](#)
<https://www.kent.ac.uk/psychology/people>
 - Make an appointment to see academic staff in their office/consultation hours

Independent Study

- For every 20 credits you are expected to do 118 hours of study/reading + 50 hours assessment prep
 - Successful Learning course/seminars help with these skills
 - Self-directed reading/revising
- Independent does not mean “alone”
 - Groups of friends/peers
 - School and university support workshops

Your first quiz!



Prof. Robbie Sutton

Succeeding at University and Beyond



Dr Amir-Homayoun Javadi

Biological and Cognitive Psychology



Dr Maria Gallagher

Research Methods: Science and Psychology / Making Sense of Psychological Data



Dr Jim Everett

Understanding People and Groups



Dr Lydia Kearney

Big Questions in Psychology



Dr Christie Marsh

Thinking Like a Business Psychologist



Dr Sarah Kelleher

Cold Case: Psychology and Crime Investigation



Dr Claire Russ

Thinking Like a Clinical Psychologist



Psychology Principle

Cognitive Psychology: Memory & encoding specificity

You'll probably remember that Maria likes astrophotography more easily than remembering the module names/codes. And you will probably remember unusual interests like astrophotography more than common ones like gardening. Psychologists call this the distinctiveness effect – we remember unusual details better than common ones (Waddill & McDaniel, 1998).

Looking Ahead: Goals & Aspirations

✍ Jot down:

- What's one thing you want to achieve this year?
- What's one thing you want to achieve by the end of your degree?

Psychology Principle
Goal setting and motivation



Research shows that people who set clear, specific goals are more likely to achieve them (Locke & Latham, 2002).

Learning and Responsibility

- You're here not just for a degree, but to continue to grow into the person you want to be.
- Technology like AI can help, but it can't replace your thinking, your creativity, or your growth.

Discuss: What do you think the difference is between using AI as a **tool** versus a **substitute**?



Learning and Responsibility

- You're here not just for a degree, but to continue to grow into the person you want to be.
- Technology like AI can help, but it can't replace your thinking, your creativity, or your growth.

Psychology Principle

Cognitive psychology – levels of processing

If you let AI do the work for you, you miss out on the deep processing that helps you to remember and learn (Craik & Lockhart, 1972).



Brain connectivity decreases with the amount of external support



Attendance is compulsory and will be monitored



Attendance & conduct in class



Engage and Attend:
Engaging with the materials on Moodle is crucial



Show respect for
fellow students & staff by preparing for classes (e.g., seminar readings)



Listen to teaching
staff and your fellow students when they contribute to classes



Get involved –
contribute to discussions, ask questions, share your enthusiasm for the topic.



Reduce distractions
for yourself and others: during class use phones and laptops only for academic purposes.

Presto Timetable

 **Step 1:**

Scan the QR code on this slide to open Presto.

 **Step 2:**

You will see your timetable. Click the **calendar symbol** to view future dates.

 **Step 3:**

To record your attendance:

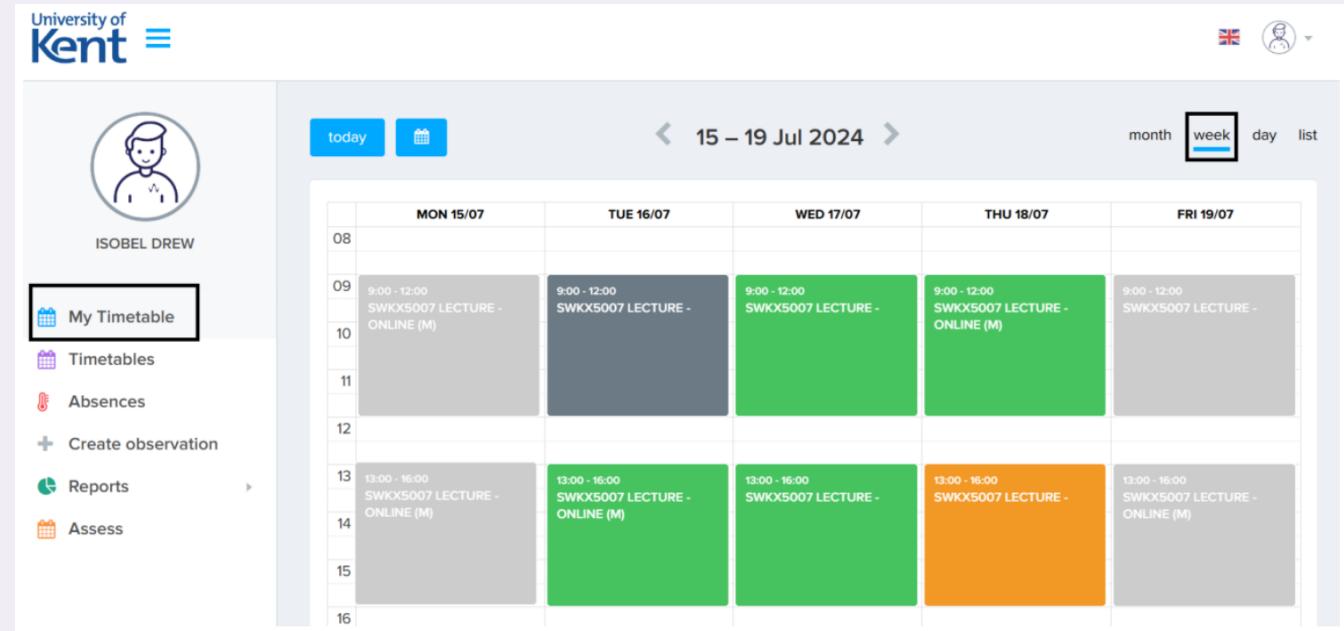
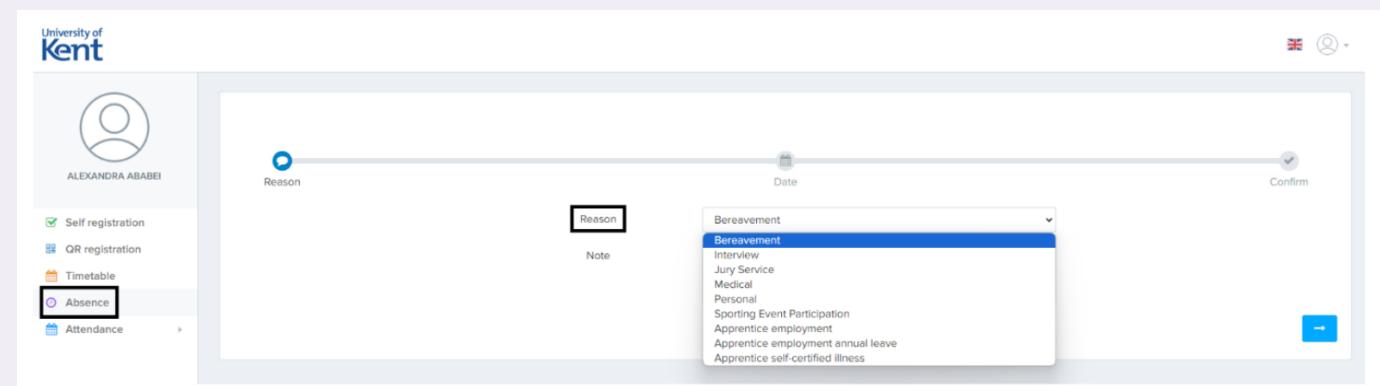
- Select the event you are attending.
- Enter the **code your lecturer or adviser provides** at the start of the session.



Attendance

You must record your attendance at **all timetabled and scheduled events**, including your Academic Advising meetings.

- You do this by scanning the **QR code** or entering the **short text code** provided during the session.
- If you cannot attend a timetabled session, you must register **your absence** in **Presto**.

Engagement Queries

- What do you think is the relationship between attendance and academic performance?
- Who do you think you can go to if you're struggling with your studies?
- Who do you think you can go to if you're struggling with wellbeing?



Academic Advisors

- Similar to a personal tutor – your go-to person for **essential advice and resources to help you progress.**
- Discuss key issues such as using feedback, preparing for exams, choosing modules, planning your career.
- Group and individual meetings throughout year.
- **You should be meeting yours for a group meeting tomorrow at 11am! Check your email to find the exact location.**



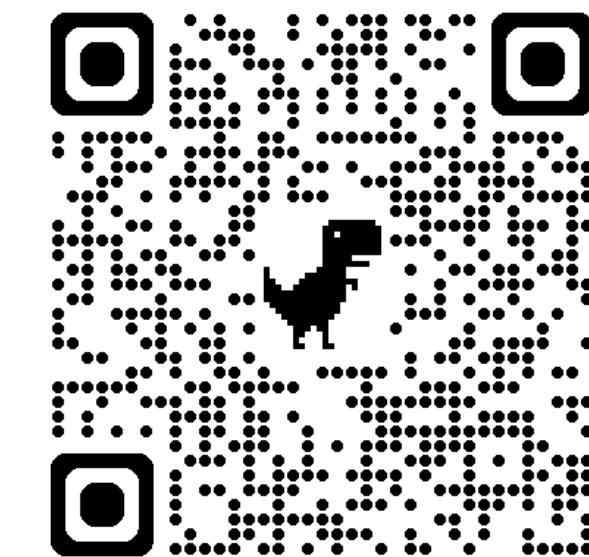
Academic advising: A student's perspective



Academic Advising Welcome Session

How do I find my Academic Adviser?

1. Go to [KentVision](#)
2. Click 'My details' and then go to 'My Course Details'.
3. You will find your Academic Adviser's name and their email on the right-hand side.



Tue 11:00-12:00	Room Location
Afrodi Pina	Eliot Kennedy room
Aleksandra Cichocka	Keynes Seminar Room 24
Amir-Homayoun Javadi	Eliot Seminar room 1
Angela Nyhout	Eliot Seminar room 2
Arnaud Wisman	Eliot Seminar room 3
Daniel Noon	Eliot Seminar room 4
David Kelly	Eliot Seminar room 5
Dinkar Sharma	Jarman Studio 6
Eduardo Vasquez	Jarman Studio 7
Francesca Carbone	Keynes Seminar Room 1
Gurprit Lall	Keynes Seminar Room 10
Hannah Swift	Keynes Seminar Room 11
Hannah Zibell	Keynes Seminar Room 12
Heather Ferguson	Keynes Seminar Room 13
Janet Briggs	Keynes Seminar Room 14
Jennifer Storey	Keynes Seminar Room 15
Joachim Stoeber	Keynes Seminar Room 17
Karen Douglas	Keynes Seminar Room 2
Katie Goodbun	Keynes Seminar Room 20
Kirsten Abbot-Smith	Keynes Seminar Room 21
Kristof Dhont	Keynes Seminar Room 23

Tue 11:00-12:00	Room Location
Lindsey Cameron	Keynes Seminar Room 24
Louise Lakha	Keynes Seminar Room 26
Luigi Tame	Keynes Seminar Room 3
Lydia Kearney	Keynes Seminar Room 4
Maria Gallagher	Keynes Seminar Room 5
Markus Bindemann	Keynes Seminar Room 6
Nikhil Sengupta	Keynes Seminar Room 7
Ollie Herdson	Keynes Seminar Room 9
Robbie Sutton	Kennedy Seminar Room 3
Roger Giner-Sorolla	Kennedy Seminar Room 6
Ronke Adeyanju	Kennedy Seminar Room 7
Sarah Kelleher	Kennedy Seminar Room 8
Wesley Pyke	Kennedy Seminar Room 9
Zara Bergstrom	Chipperfield Extension seminar room 2

Peer Assisted Learning (PALS)

What is PALS?

It's students helping other students with their learning- whether it's navigating campus, finding books or getting study help.

Why should I sign up?

It gives you a chance to discuss ideas and practice course content, meet other students and is a safe and neutral forum in which to gain assistance with your studies. You also get to take part in some extra socials for PALLS!

How do I sign up?

Email saspal@kent.ac.uk to find out more.



[PAL Scheme](#)

Many Sources of Support

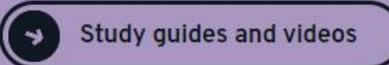


Sources of Support

Skills for Academic Success (SAS)

Academic skills support and advice for all students from foundation to PhD.

 Book an appointment

 Study guides and videos

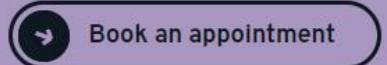


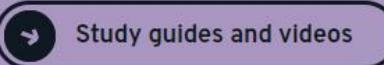
S.A.S. offers study skills, writing advice, maths and stats support, assignment and revision support.

Sources of Support

Skills for Academic Success (SAS)

Academic skills support and advice for all students from foundation to PhD.

 Book an appointment

 Study guides and videos



Support is offered in the form of 1-1 appointments, workshops, and videos.



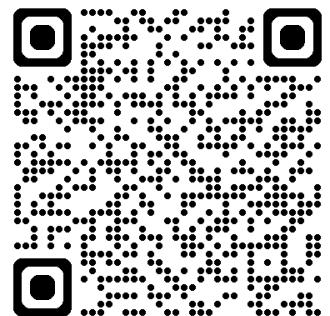
Sources of Support



Student Support and Wellbeing

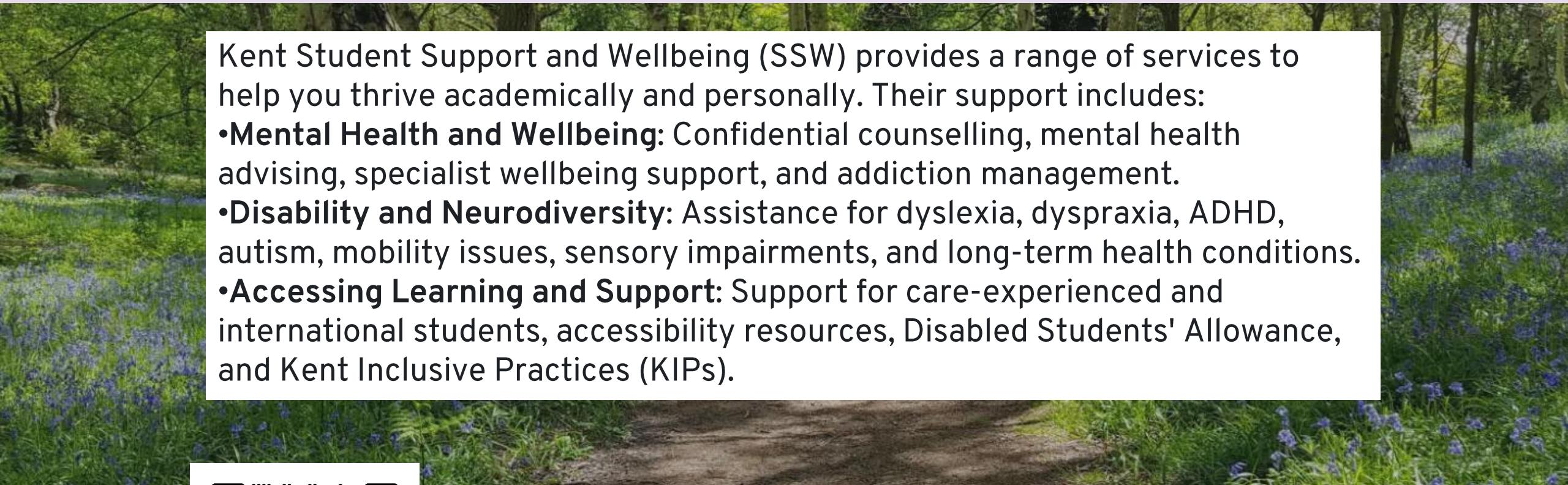
 [Register Online](#)

 [Contact Us](#)



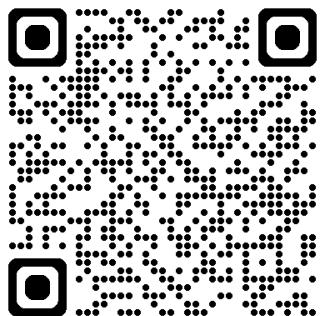
[Student Support and Wellbeing -](#)
[University of Kent](#)

Sources of Support



Kent Student Support and Wellbeing (SSW) provides a range of services to help you thrive academically and personally. Their support includes:

- **Mental Health and Wellbeing:** Confidential counselling, mental health advising, specialist wellbeing support, and addiction management.
- **Disability and Neurodiversity:** Assistance for dyslexia, dyspraxia, ADHD, autism, mobility issues, sensory impairments, and long-term health conditions.
- **Accessing Learning and Support:** Support for care-experienced and international students, accessibility resources, Disabled Students' Allowance, and Kent Inclusive Practices (KIPs).



[Student Support and Wellbeing -](#)
[University of Kent](#)

Sources of Support

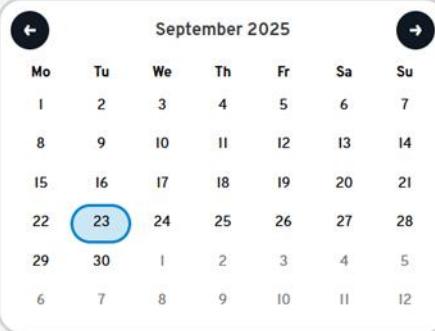
Events to support your wellbeing

Please also see our [Additional Support and Clubs](#) page for more information on clubs.

September 2025						
Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12

Campuses 

Filter by event keyword 



Kent Community Oasis Garden Gardening Session
24 SEPTEMBER 10:00 - 14:00 Canterbury



Board Games Social Club
24 SEPTEMBER 14:30 - 16:00 Canterbury



Kent Community Oasis Garden Gardening Session
26 SEPTEMBER 10:00 - 14:00 Canterbury



Kent Community Oasis Garden Gardening Session
1 OCTOBER 10:00 - 14:00 Canterbury



'Eat the Garden and Home a Houseplant' Event @ KentCOG
1 OCTOBER 12:00 - 14:00 Canterbury



Kent Community Oasis Garden Gardening Session
3 OCTOBER 10:00 - 14:00 Canterbury

There are lots of Wellbeing events this month from coffee to gardening.



<https://student.kent.ac.uk/support/wellbeing>

Library Services



Email: AcademicLibrary@kent.ac.uk

-  **Access Resources for Free**
Millions of books, e-resources, journals & films.
-  **Explore the Digital Library**
E-books, databases, film streaming & more.
-  **Boost Your Research Skills**
Learn how to find, evaluate & use information effectively.
-  **Subject Librarians**
Get expert, tailored support for your subject area.
-  **Spaces That Suit You**
From silent desks to group rooms - study your way.
-  **Supporting Your Wellbeing**
Relax with our Love to Read collection, events & exhibitions.

Not sure where to start?

If you have questions and are not sure where to start, then ask **Nexus**.



Visit a **Nexus Information Desk** if you need information or guidance.

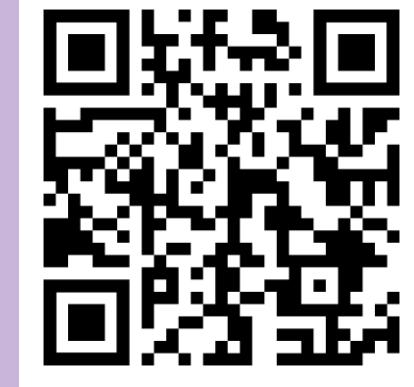


Nexus will get you in contact with the right team.



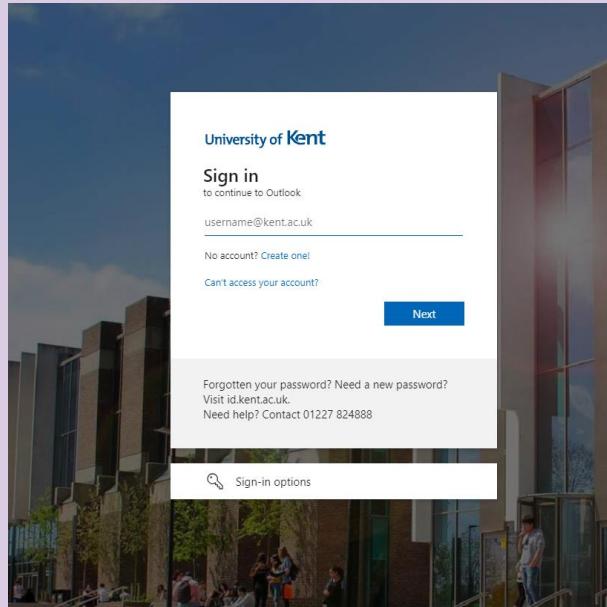
Nexus will also get you in contact with more specialist services.

Need help? Ask Nexus



Get in contact: Email, call, or drop-in in Sibson building, **Templeman Library**, or **Medway Building**.

Stay informed and up to date!



Kent Email

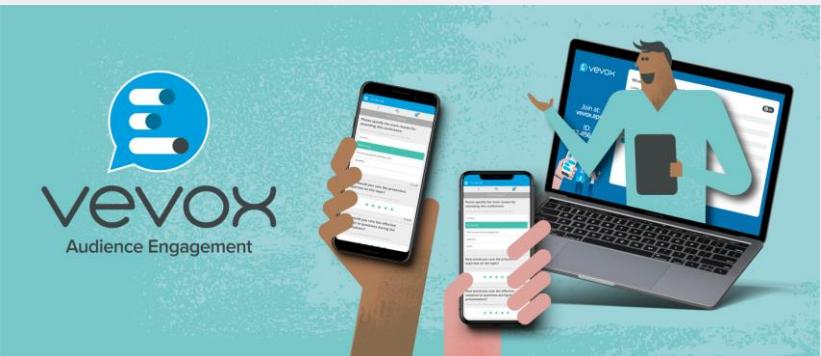


Moodle



Attend all teaching events

What are three ways you think your university or course can help you to succeed?



Student Reps

Represent and Support your peers and help make meaningful change!

As a Student Rep you'll be the first point of contact for students within your school, department or division; answering questions, listening to feedback and actioning change.

Attend termly Student Voice Forums – School specific meetings for students and staff to come together for feedback and to improve the student academic experience.

What do you get out of it? Develop your skills and translate them into your CV with a dedicated workshop for reps, be part of the School community and take part in extra socials with pizza, prize draws and fun!

Sign up today to help make meaningful change at Kent: kentunion.co.uk/studentreps



Stepping Stones

- Two sessions designed to support you with transitioning to life at Kent and to enable you to meet fellow students.
 - Hear from our friendly and supportive student ambassadors about their experiences in transitioning to university, as well as any advice that they have.
 - We will be providing pizza for the first session and tea/coffee and cookies during the second session!
-
- **Session 1:** 8th October, 13:30-15:30
 - **Session 2:** 15th October, 13:30-15:30

*The deadline for applying for the programme is **Sunday, 1st October at midnight***

Stepping Stones application form
2025



SCHOOL OF PSYCHOLOGY WELCOME TIMETABLE OVERVIEW

MONDAY 29 SEPTEMBER – FRIDAY 3 OCTOBER

STAGE 1 PSYCHOLOGY

University of

Kent

School of
Psychology

University of
Kent

	Monday 29 September	Tuesday 30 September	Wednesday 1 October	Thursday 2 October	Friday 3 October
09:00-10:00					
10:00-11:00					
11:00-12:00		Academic Advising Meetings 11:00-12:00 Various Rooms			
12:00-13:00		Psychology Placement Talks 12:00-13:00 KLT6		Kickstart your Psychology Degree 12:00-13:00 KLT1	
13:00-14:00				Connect & Thrive: Meet your Peer Mentors 13:00-14:00 KLT1 & KLT4	
14:00-15:00					
15:00-16:00	Welcome to the School of Psychology 15:30-17:00 WLT	Neurodivergent Welcome 14:00-16:00 KLT4			
16:00-17:00					
17:00-18:00	Welcome Social 17:00-18:00 Woolf Lower Foyer				
Evening					

Thank
you.