

Care first

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
Monday JULY 4th, 2022	Service awareness	What is short term solution focused counselling	<p>'What is short term solution focussed counselling' TIME: 12pm-12.30pm LINK:https://attendee.gotowebinar.com/register/7307890164139671564 This webinar provides further information on short term solution focussed counselling and 'in the moment' support.</p>
Wednesday JULY 6th, 2022	Care first awareness	How Care first can support you	<p>'How Care first can support you' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/3504037328871875598 A webinar for awareness and how to access the EAP service provided by Care first.</p>
Friday JULY 8th, 2022	Mental Health	Talk To Us 2022	<p>'Talk to us 2022' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/2463556281367923468 This webinar highlights how talking over how we are feeling about certain situations and life events can improve our overall wellbeing. In association with Talk To Us Month 2022.</p>

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation