

Care first

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar	Mobile Registration
Monday JULY 18th, 2022	Service awareness	Your counselling call to Care first	<p>'Your counselling call to Care first'</p> <p>TIME: 12pm-12.30pm</p> <p>LINK: https://attendee.gotowebinar.com/register/7914658954752760077</p> <p>This webinar provides an overview of what you can expect when making a call to the counselling help line</p>	
Wednesday JULY 20th, 2022	Care first awareness	How Care first can support you	<p>'How Care first can support you'</p> <p>TIME: 12pm-12.30pm</p> <p>LINK: https://attendee.gotowebinar.com/register/750165321861977104</p> <p>A webinar for awareness and how to access the EAP service provided by Care first.</p>	
Friday JULY 22nd, 2022	Mental Health	Managing stress and pressure	<p>'Managing stress and pressure'</p> <p>TIME: 12pm-12.30pm</p> <p>LINK: https://attendee.gotowebinar.com/register/6594104807862465807</p> <p>This webinar looks at techniques and strategies for helping manage stress and pressure that can affect our day to day activities.</p>	

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that these themes and events may be subject to change

Please be aware software 'GoToWebinar' is needed to join/view these webinars and may need to be downloaded – There could be restrictions through your organisation