

Care first

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
Monday MARCH 21st, 2022	Service awareness	What is short term solution focussed counselling	<p>'What is short term solution focussed counselling' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/3977386977893793035 This webinar provides further information on short term solution focussed counselling and 'in the moment' support.</p>
Wednesday MARCH 23rd, 2022	Care first awareness	How Care first can support you	<p>'How Care first can support you' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/3797002199750472205 A webinar for awareness and how to access the EAP service provided by Care first.</p>
Friday MARCH 25th, 2022	Awareness	Debt Awareness Week	<p>'Debt Awareness Week' TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/1987289623293867790 This webinar looks at the impact debt has on people's mental health and details the support and advice that is available to individuals contacting Care first.</p>

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events may be subject to change as the situation develops.