

Care first

Weekly Publicity Calendar

Weekday	Daily Theme	Article	Webinar
Monday MARCH 28th, 2022	Service awareness	Care first Management Support	‘Care first Management Support TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/6392752340500877579 This webinar provides an overview of the support available for managers and also the mental health first aiders of organisations through the EAP.
Wednesday MARCH 30th, 2022	Care first awareness	How Care first can support you	‘How Care first can support you’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/4503700104538141451 A webinar for awareness and how to access the EAP service provided by Care first.
Friday MARCH 1st, 2022	Move More Month	Walk to work day – In association with ‘Move More Month’	‘Walk to work day - In association with Move More Month’ TIME: 12pm-12.30pm LINK: https://attendee.gotowebinar.com/register/8543454259039692560 This webinar considers the positive impact staying active can have on your general wellbeing, in line with Move More Month

Please be assured that registrant information is held confidentially and your organisation is not notified of your attendance/non-attendance to these webinars.

Please note that content may include guidelines applicable to the UK, however guidelines for Wales, Scotland and Ireland may vary. Please refer to .gov for the latest guidance in your region.

Please note that these themes and events may be subject to change as the situation develops.