



JOB DESCRIPTION

Cognitive Rehabilitation Assistant

The Link Independent Living Trial

PURPOSE OF JOB

It is the job of the Cognitive Rehabilitation Assistant to assist clients in the ILT placement to increase function in order to enable clients to perform functional tasks which they are unable to complete independently due to the nature of their cognitive deficits, providing strategy implementation, prompting and other forms of support where required.

You will be based solely at The Link property, which is located in Snodland, Kent.

The Rehabilitation Assistant will assist in planning and implementing, along with the client and external professionals where appropriate, a program of social, vocational and leisure activities and any other interests that have been identified by the client in the assessment procedure. The main focus of the placement is to observe and record independent living skills, and provide evidence of independent skill level. Constant observation skills are required in order to fully capture the day to day variation of skill, the impact of fatigue and other challenges the client experiences.

They are also required to facilitate and actively adjust the development and practice the skills needed to allow the clients to live within their community independently and effectively. They will do this by developing and maintaining an effective relationship that can deal with a range of behaviors and situations.

By understanding the individual needs, strengths or weaknesses of each client the client will be enabled to lead an individual and independent lifestyle post discharge.

The Cognitive Rehabilitation Assistant will work alongside an external MDT as well as the Cognitive Rehabilitation Therapist and Clinical Psychologist to implement functional skill transfer, domain specific retraining and fatigue management and mindfulness programs, where applicable.

You will receive internal supervision, as well as clinical supervision related to the current clients needs.

HOURS:

The Link is staffed 24 hours a day, you will working on assigned shifts as part of a team. Sleep ins are non waking.

DUTIES:

- 1) To enable the client to improve independent living skills
- 2) To actively develop a knowledge of the clients needs and wishes to enable them to clearly express and communicate their choices and intentions in the placement.



- 3) To creatively plan a schedule surrounding activities of daily living and client interests
- 4) To escort the client to external activities and vocational settings.
- 5) To scaffold and support financial training
- 6) To support meal planning, preparation and shopping from a cognitive skill basis
- 7) To provide reinforcement and confidence building, and feedback to aid metacognitive skills
- 8) Assist the client to utilise integrated smart technology aimed at implementing internal and external strategies for cognitive deficits
- 9) Assist and prompt the client to initiate goal setting and record goal attainment
- 10) To undertake route planning and orientation training in the community
- 11) The overall aim of intervention is to improve independent living skills, increase awareness and insight and provide a safe and secure environment to meet the clients needs
- 12) To work and communicate closely with other support staff and supervisors in a timely and professional manner
- 13) To conduct themselves professionally and with a high level input at external multi disciplinary meetings and internal team meetings
- 14) To liaise closely with other colleagues and professionals regarding the need of the clients and ongoing monitoring and development
- 15) To communicate with family where appropriate
- 16) To have open and honest communication with other individuals within placement, members of family and other professionals.
- 17) To participate in the clients' ongoing assessment of needs.
- 18) To actively take part in training.
- 19) To attend conferences, reviews or other meetings if requested to partake in CPD, and as a representative of BIS Services
- 20) To maintain confidentiality and adhere to BIS Services policies and procedures.
- 21) Meet and exceed all performance indicators and key performance indicators
- 22) Any other reasonable duties falling within the role Cognitive Rehabilitation Assistant as deemed necessary by the Directors and Operations Manager.



PERSON SPECIFICATION

This job would suit individuals who are looking for practical experience in this field who possess sound theoretical knowledge of brain function or those who have previous experience of working with individuals with brain injuries or neurological conditions who wish to further their knowledge and skill base.

AREAS	ESSENTIAL	DESIRABLE
Knowledge/Understanding	<p>Knowledge of working with people</p> <p>Understanding the nature and tasks involved in this role</p> <p>Demonstrates cultural competency</p>	<p>Working within a team</p> <p>Issues affecting individuals with brain injuries or neurological disorders</p> <p>Cognitive Rehabilitation strategy implementation knowledge or experience</p>
Education, Training, Qualifications	<p>Minimum A level or NVQ Level 3 or higher.</p> <p>Evidence of professional development</p> <p>Is willing to undertake training in various aspects of brain injury and neurological illness</p>	<p>Experience of cognitive rehabilitation education and work experience</p> <p>Degree in Psychology or other related field</p> <p>Knowledge of cognitive deficits and consequences either in a professional or personal capacity</p> <p>Masters Degree in Psychology or related field</p>
Communication	<p>Able to communicate effectively with clients and other workers, professionally and concisely.</p> <p>Excellent written and verbal skills.</p> <p>Excellent level of English language written and spoken skills</p> <p>Proficient computer and administrative skills including proficiency using Office programs.</p> <p>Access to internet and computer or laptop</p>	<p>Experience of working with adults who exhibit communication difficulties</p> <p>High level of skill using iPhone or Android platforms</p> <p>Experience of online report platforms such as Mach, fluid survey etc.</p>



<p>Experience</p>	<p>Demonstrates planning/organizing skills</p> <p>Working with people</p> <p>1 year paid or volunteer experience</p>	<p>Working with people with head injuries, neurological illness, or vulnerable individuals.</p> <p>Previous experience of working in outreach/lone working.</p> <p>Personal experience in the field</p> <p>Cognitive Rehabilitation experience</p>
<p>Skills/Abilities</p>	<p>Able to demonstrate a theoretical knowledge of brain injuries.</p> <p>Able to work in partnership with the client without taking control.</p> <p>Able to arrange and take part in leisure activities.</p> <p>Able to work with others as part of a team.</p> <p>Excellent time management skills.</p> <p>Exceptional problem-solving skills</p> <p>An innate ability to perform task breakdown concisely and clearly</p> <p>Ability to strategies and predict outcomes</p> <p>Ability to think quickly and appropriately Excellent organizational skills</p> <p>Ability to maintain discretion and confidentiality</p> <p>Ability to plan and work with own initiative</p>	<p>Understanding of the empowerment approach</p> <p>Experience of behavioural management programs.</p> <p>Experience of conducting and analyzing neuro psychological tests</p> <p>Cognitive Rehabilitation experience</p>



<p>Qualities</p>	<p>Well-motivated and intuitive</p> <p>Positive approach to problem solving.</p> <p>Patient and willing to engage in repetitive approaches to facilitate independence</p> <p>Non-judgemental</p> <p>Trustworthy, careful, and reliable.</p> <p>Willingness to learn from mistakes</p> <p>Be comfortable with lone working and challenging verbal behaviour</p> <p>Flexible and adaptable.</p> <p>Emotionally Robust A sense of humour</p>	<p>Able to deal with challenging behaviour.</p>
<p>Other</p>	<p>Access to a vehicle</p> <p>Full driving licence</p>	